

PREGNANCY CARE PREVENTIVE SCREENINGS

The following are per pregnancy and are expected to be encompassed in the Pregnancy Preventive Health Visit. Only one office visit is covered at 100%. If screenings occur at another visit, only the screening will be covered at 100%. Pregnant Members are encouraged to join the Our Healthy Baby Program as there are additional benefits available through the program.

Guideline Title	Frequency
Interventions to Support Breast-feeding	Interventions during pregnancy and after birth to promote and support breastfeeding.
Counseling for Tobacco Use	One screening per pregnancy for tobacco use and provide augmented, pregnancy-tailored counseling to those who smoke.
Screening for Anemia	One routine screening for iron deficiency anemia in asymptomatic pregnant women.
Screening for Bacteriuria	One screening per pregnancy for asymptomatic bacteriuria with urine culture for pregnant women at 12 to 16 weeks' gestation or at the first prenatal visit, if later.
Screening for Chlamydial Infection	One screening per pregnancy for chlamydial infection for all pregnant women ages 24 and younger and for older pregnant women who are at increased risk.
Screening for Hepatitis B	Screen for hepatitis B virus (HBV) infection in pregnant women at their first prenatal visit.
Screening for Rh incompatibility	Rh (D) blood typing and antibody testing for all pregnant women during their first visit for pregnancy-related care and repeat between 24-28 weeks gestation unless the biological father is known to be Rh (D) - negative.
Screening for Syphilis	One screening per pregnancy for syphilis infection.
Screening for Gonorrhea	One screening per pregnancy for gonorrhea infection, if at high risk for infection.
Screening for HIV	One HIV screening per pregnancy.
Alcohol Screening	One screening per pregnancy for alcohol use and provide augmented pregnancy-tailored counseling to those who consume alcohol.
OB Panel	OB Blood Panel
Gestational Diabetes Screening	Women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes.
Breast-feeding	<p>Comprehensive support and counseling from trained providers, as well as access to non-disposable breastfeeding supplies, for pregnant and nursing women.</p> <p>Members will be reimbursed up to \$150 for a manual breast pump and up to \$220 for an electric breast pump.</p> <p>Limited to one manual pump every 12 months OR one electric pump every 3 plan years. Replacement pumps are covered for subsequent pregnancies for Members who have not received a pump within the timeframes outlined above.</p>

OUR HEALTHY BABY PROGRAM

The Our Healthy Baby™ Program is a voluntary HMP program available to expectant mothers covered by the South Dakota State Employee Health Plan.

The purpose of the HMP program is to provide support to expectant parents through individual case management, educational materials, and contact throughout the Pregnancy. By providing this service, HMP and the South Dakota State Employee Health Plan achieve healthier outcomes for Members.

Program incentives include:

- Expectant mothers covered under the Plan who enroll in the program within the first three months of Pregnancy receive a **\$250 non-tax incentive** into a Health Reimbursement Account if on the Low Deductible Health Plan (\$850) or a Combination Health Reimbursement Account if on the High Deductible Health Plan (\$1,800|\$3,600);
- Choice of one available prenatal or parenting book upon enrollment;
- One first trimester ultrasound to confirm viable pregnancy covered at 100% (Pre-authorized by HMP);
- One second trimester ultrasound to verify dates and growth covered at 100% (Pre-authorized by HMP);
- Online access to Pregnancy related information;
- Educational materials mailed to Members throughout the Pregnancy;
- Expectant mothers covered under the Plan who complete the program receive an additional **\$250 non-tax incentive** into a Health Reimbursement Account if on the Low Deductible Health Plan (\$850) or a Combination Health Reimbursement Account if on the High Deductible Health Plan (\$1,800|\$3,600); upon successful participation and completion of program; and
- Follow-up after the Pregnancy.

Enrollment in the Our Healthy Baby™ Program does not automatically add the new child to the Health Plan.

To be covered, the child must be enrolled in the Plan within 30 days following the date of the birth. The Employee must complete a Family Status Change form during the 30 day time period and pay required contributions for coverage to take effect. The child of a Dependent cannot be added to the health plan.

If the child is not added during the 30 day Special Enrollment Period, the child will not be covered under the Plan. The Employee will be able to enroll the child during Annual Enrollment or when incurring qualifying family status change or after satisfying a waiting period. See “Special Enrollment” to the South Dakota State Employee Health Plan” sections.

For more information contact HMP at 888.330.9886.