South Dakota State Employee Health Plan FY22 Physician Form

Instructions:

1. Complete **ALL** participant information, including email address. The participant **and** physician must **sign** the form. **Incomplete forms will be denied**.
2. Visit your health care provider for an annual preventive wellness exam and take this form.
   - The cost of the lab tests listed will only be covered if included as part of an annual preventive wellness exam.
3. Ask your provider to complete the Biometric Screening Information section, using results obtained between **4/2/2021** and **4/1/2022,** and **SIGN** the form.
   - Any form received after 4/1/2022 will not be accepted and will not count towards the incentive qualifications.
   - It is the participant's responsibility to make sure this form is received and approved by the deadline.
4. Submit form once, using one method listed below. Early submission is highly recommended. This allows time for processing.
   a. Secure upload at **https://totalwellnesshealth.com/gravity-landing/sd_pf/** (preferred method).
   b. Fax securely to 402-939-0604.
   c. Mail to TotalWellness, Attn: Data Team, 9320 H Court, Omaha, NE 68127. Forms must be received before 4/1/2022. Allow time for mailing.
5. Within 48 hours of form submission, an email will be sent to your email address listed below indicating whether the form has been approved or denied. If an approval email is not received within 48 hours, please **resubmit** your form prior to the deadline. Late forms will not be accepted.
6. Please allow 10 business days for your completion status and results to be available at webmdhealth.com/benefit/. Check your portal to ensure that the onsite biometric screening has been entered and your online health assessment is complete prior to 4/1/22.

PARTICIPANT INFORMATION

First Name: Last Name:

Date of Birth: (mm/dd/yyyy) / /

Email: (Required to receive communications on the status of the form)

Gender: O Male O Female

Have you fasted for at least 9 hours? (*No food. Only water permitted.)* O Yes O No

BIOMETRIC SCREENING INFORMATION (All values must be completed)

Date of Screening: (mm/dd/yyyy) / /
(Acceptable Date Range: 4/2/2021-4/1/2022)

Blood Pressure: /
Systolic Diastolic

Height: Ft. Inches

Weight: Lbs.

Waist: Inches

Glucose:

Total Cholesterol:

HDL:

LDL:

Triglycerides:

Physician Printed Name: _____

Physician Phone Number: _____

Physician Signature (REQUIRED)_____

CONSENT

Disclosure of Information. I understand that the information submitted on this form (my "Personal Information") will be transferred to WebMD by TotalWellness. My Personal Information is used by WebMD to provide wellness program services to me, which includes using the Personal Information to inform me of relevant health related and health education programs offered by WebMD or by another service contractor. In the event that WebMD's services are transitioned to another service provider, WebMD may deliver my Personal Information to the successor provider to maintain a continuity of services for me. In order to distribute any incentives, WebMD may provide my name/unique ID to my employer or its designated representative to notify them of the fact that I am eligible for the incentive. In addition to any Personal Information disclosed as set forth above, aggregate, de-identified survey results may be made available to my employer for program administration purposes. WebMD may also use my Personal Information as part of group statistical research and analysis, in a manner that does not identify me. I also understand that my Personal Information may be incorporated into my Health Assessment results by WebMD. Except for these types of usage and the uses specified in my WebMD Online terms of use and Privacy Policy, available under the "Policies" link at the bottom of the page at the following URL, www.webmdhealth.com/BeneFIT my Personal Information will not be disclosed by WebMD. WebMD understands that Personal Information may be considered protected health information that is subject to the privacy and security rules of the Health Insurance Portability and Accountability Act of 1996, as amended ("HIPAA"). WebMD will comply with the HIPAA to the extent applicable.

GINA Notice and Authorization. This screening is part of your employer's wellness program ("Employer Program"), which is a voluntary wellness program administered according to federal rules, including the Genetic Information Nondiscrimination Act ("GINA"). The results of this screening may be considered information protected under GINA ("GINA Protected Information"). GINA requires that you receive this GINA Notice and Authorization prior to undergoing the screening. Your Employer Program uses GINA Protected Information to help you understand your potential health risks and to offer you other wellness program services. The Employer Program safeguards GINA protected information and will not disclose any GINA Protected Information, except as permitted by GINA and other applicable law. Your GINA Protected Information will be disclosed to you and to vendors of the Employer Program, for purposes of providing you with Employer Program services. Your GINA Protected Information will not be sold, exchanged, or transferred, except to the extent permitted by law to carry out activities related to the Employer Program. You will not be asked to waive the confidentiality of this information as a condition of participating in the Employer Program or as a condition of receiving any incentive. Your GINA Protected Information will only be disclosed to your employer in aggregate terms that do not disclose your specific identity.

Certification: By signing this form, I certify that the information supplied on this form is accurate and has been provided by me by my physician.

Participant Signature (REQUIRED):_____ Date Signed:_____