

When Someone You Love Has Alzheimer's

Overview/Description

When a loved one is diagnosed with Alzheimer's disease the impact on family and caregivers is enormous. This course will address some of the basic considerations involved in caring for and communicating with a loved one who has Alzheimer's disease. The course will cover some of the basic facts of the disease along with the unique challenges and stress it brings to the family.

Target Audience

Anyone who has a parent or loved one who has Alzheimer's disease.

Expected Duration

45-60 minutes

Workshop Objectives

At the end of this workshop, you will be able to:

Identify the basic facts and course of Alzheimer's disease:

- Symptoms
- Coping and care-taking needs
- Treatment
- Recognize effective ways of interacting and communicating with someone who has Alzheimer's
- Identify common mistakes family members make in interacting with someone who has Alzheimer's

Describe ways of helping your loved one to cope with behavior problems such as:

- Grooming/bathing/cooking and other activities of daily living
- Memory problems
- Wandering
- Agitation

Identify ways of coping with the severe stress associated with care giving for a loved one with Alzheimer's:

- Getting help from family and respite care
- Adjusting your expectations and prioritizing your own health needs
- Consider long-term care options

Click here to register for this webinar.