

The Impact of Substance Abuse on the Family

Overview/Description

Substance abuse doesn't only affect the abusing individual, but also their family members, friends, loved ones, co-workers and society as a whole. The abuser's preoccupation with the substance, plus its effects on mood and performance, can lead to problems in their marriage, work performance and other relationships. The abuse can disrupt family life and create destructive patterns of codependency. This behavior often confuses and angers loved ones as they struggle to understand why the abuser has chosen the substance over them. While not a substitute for counseling, this workshop helps to normalize the feelings and emotions people experience as we explore the impact of substance abuse on the family.

Target Audience

Anyone wishing to learn more about substance abuse, user and family dynamics and the types of available treatment.

Expected Duration

45-60 minutes

Workshop Objectives

At the end of this workshop, you will be able to:

Identify the extent of substance abuse in society

- Define substance abuse and related terms
- Describe the possible causes and risk factors for substance abuse

Identify the dynamics of the substance abuser and the family

- Describe how denial operates in the user and in family members
- Describe the process of enabling the user by the family
- Identify the effects of untreated substance abuse upon the family in current and future generations

Describe the change process

- Describe the role of emotional management in relating to the user
- Describe the course of illness and the extent to which consequences matter
- Identify resources and how to select a treatment program

[Click here to register for this webinar or watch the recording.](#)