



# LIVING with a COMPLEX condition?

## Get extra support at no extra cost.

We know that living with a rare or complex condition can sometimes be challenging. That's why Wellmark Blue Cross and Blue Shield is offering a little help — if you need it — with rare condition management through AccordantCare™.

The program is available for members or their covered dependents who use CVS Specialty for medications to manage their rare condition.

**Once you sign up, you'll have access any time — day or night — to a nurse who is specially trained to manage your condition. You'll also have a resource specialist. They'll help you:**

- Get answers and learn more about your health
- Set goals and stay on track
- Spot risks early, before they affect your health
- Find support in your community
- Make lifestyle changes for better health
- Get the care you need by collaborating with your doctor and health care team

Whether you need a lot of support, or you just have a question now and then, the program is tailored to your needs. Along with one-on-one phone support, you'll have digital tools to help you keep track of your health.



**READY TO GET STARTED?** Find out if you're eligible by calling the phone number listed on your Wellmark ID card.

**If you, or your child, is living with one of these conditions, you may be eligible.**

- Crohn's Disease
- Cystic Fibrosis
- Gaucher's Disease
- Hemophilia
- Hereditary Angioedema
- Multiple Sclerosis
- Rheumatoid Arthritis
- Systemic Lupus Erythematosus (SLE or Lupus)
- Ulcerative Colitis

**Learn more about how we can help at [Accordant.com](https://www.accordant.com)**



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AccordantCare™ and Accordant Health Services (Accordant) is a CVS Caremark company that provides health care management (CM) services to members suffering from rare and chronic conditions. Accordant is an independent company that does not provide Wellmark Blue Cross and Blue Shield products or services.