



We're here to help!

MetLife is on your team.

Telephonic Reporting:

Submitting an Accident, Critical Illness, or Hospital Indemnity Insurance claim doesn't have to be challenging.

MetLife helps submitting a claim easier by offering accident and health claim filing by telephone! Simply call MetLife at 1-866-626-3705 or log into our secure web portal at mybenefits.metlife.com.